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PROGRAM SUMMARY

PHR annually reaches over 600,000 boys and girls between the ages of 7 to 14. The program includes four levels of competition, with top performers in all 30 markets competing at Major League ballparks, followed by the National Finals at the MLB All-Star Game. PHR is FREE to both hosts and participants.

Register today to host a Local Competition – www.mlb.com/phr

TIMELINE/LEVELS OF COMPETITION

- **Local Competitions:** Administrative kits distributed to Local hosts in February with events being hosted in March, April or early May.
- **Sectional Competitions:** Local winners advance to Sectional Competitions in late May.
- **Team Championships:** Hosted in all 30 Major League Ballparks. Qualifiers compete in a pre-game competition and recognition ceremony.
- **National Finals:** The top participants nationwide take part in the National Finals competition as a part of MLB All-Star Week in July.

STEPS TO HOSTING A PHR LOCAL COMPETITION

- **Register to Host:** Visit www.mlb.com/phr and register your free event.
- **Receive Support Materials:** Receive a free administrative kit, which will include a handbook, strike zone banner, registration forms, posters, participation cards, awards, etc.
- **Event Day:** Host your 1-day competition with a handful of volunteers and pass along awards and advancement information to the winners (provided by PHR Headquarters).
- **Report Results:** Submit results online and mail in registration forms (pre-paid postage provided).



MLB Pitch, Hit & Run Headquarters

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